**The Vala H.E.A.T System**

*Focused on Your Personal Transformation Journey*

A set of unique;

1. **Procedures**
2. **Programs**
3. **Platform (Technology)**

…packaged together for the purpose of Human Empowerment And Transformation, specifically;

* **Prevention of Illness**
* **Propulsion of Wellness**

**Core Elements**

You need 5 things to reach your dreamland (promise land);

1. **Destination** = Ultimate Self (all foundations Green = HPS at least 70%)
2. **Vehicle** = H.E.A.T Technology
3. **Map =** H.E.A.T Life Maps
4. **Compass** = H.E.A.T Life Wheel
5. **Anchor =** H.E.A.T Life Tree
* *This system can take the personal development industry to the next level, based on science & evidence, driven by data, and fueled by technology.*
* *The Human Potential has historically been looked upon* ***qualitatively****. With the H.E.A.T System, we are pioneering a new level of the Human Potential Movement by* ***quantifying, standardizing****, and* ***objectifying*** *it.*
* *This system can complement and add value to ANY other organization in the personal growth/development industry.*